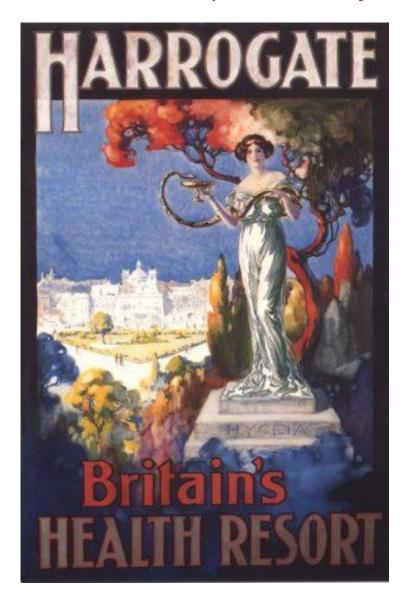
# **Taking the Waters**

The lighter side of the Harrogate Cure through the humorous postcards of the 1900s



**Gavin Holman** 

**November 2019 (updated January 2021)** 

### Introduction

Since the early 17th century, the waters of Harrogate had been taken by locals and visitors to the area. The chalybeate springs of High Harrogate were originally the more popular, but by the middle of the 18th century doctors had discovered a satisfactory method of using the sulphur wells of Low Harrogate for internal treatments and extended their use in baths. A separate chalybeate spring was found, where the Royal Hall now stands, which effectively made it independent of High Harrogate. The Pump Room was opened, a Promenade Room was built, and the Valley Gardens were laid out. In total 87 springs arose within the town's boundaries.



The first honorary secretary of the Harrogate Bath Hospital, Pickersgill Palliser, was a man of many talents who in 1834 started to produce a list of "*The Company at Harrogate*" - a list of visitors to the town and where they were staying. As time went on, he added information about events, church services and advertisements, and by 1836 he realised that a newspaper had evolved from the "*List of Visitors*" and he adopted the name *The Harrogate Advertiser*. Entertainments for the visitors were soon brought into the town, and musical concerts in the various grounds and bandstands became a daily feature, lasting through until WW2.

Visitors to the town who arrived curative purposes were encouraged to take part in various activities, in addition to any prescribed treatments, which ranged from gentle walks in the gardens, to more exhausting tramps through the woods and nearby "moors", on return they could relax to entertainments provided by the town or the various spa organisations, consisting of concerts from the local orchestra and bands, and others e.g. pierrots and singing groups.



#### The Daily Routine

The basic recommended length for the "cure" was for a period of not less than three weeks for "permanent benefit to be gained" and to be followed, in some instances, by a further visit to the seaside. Visitors were also encouraged to take the waters and bathing treatments under prescription.

7.00-8.00am	Rise and visit	Pump Room :	tor first	tumbler of water
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7.00-8.15am Walk about, listening to the band 8.15am Take second tumbler of water

8.15-9.00am Listen to the band and if prescribed take third glass of water

9.00am Breakfast

For some people it is advisable that they drive; either by omnibus, carriage, or bath chair but the walk home can be advantageous if it can be accomplished without undue fatigue. Care should be taken to avoid

exertion.

10.00-11.00am Morning paper or letter writing

11.00am Shopping/Walk/Listen to band/or Bath

11.30am Second visit to Pump Room

1.00pm Rest for half an hour

1.30pm Lunch to be followed by one hour of rest

Afternoon Driving, Walking, Cycling, Golfing or third visit to Pump Room. Afternoon

tea in Gardens listening to the band

7.00pm Dinner

Concert room

10.00pm Bed

For some patients, massage is better than exercise

#### Promotion of the town and its "cure"

Harrogate had to compete with similar spa towns in the UK and Europe, and it used various advertising methods to draw patients and more casual visitors to it. One advantage it had was that Knaresborough was nearby, with a range of additional attractions for visitors to the area.

As well as the newspaper and leaflet advertisements, the town also supported the production and sale of picture postcards for visitors to send to friends and family, or to keep as souvenirs. These only became common in the late 1890s and thereafter, the "golden age" being from 1895 to 1910.

Aside from the photographic or "landscape" style of postcard, which showed views of the town and countryside, or scenes of buildings and streets, there were a large number of more humorous cards which illustrated the "delights", or otherwise, of the Harrogate experience. Many of these featured aspects of "taking the waters" — mainly because of the unpleasant taste and smell of the sulphurous springs — which in some cases were so bad they had to be doing you some good!

One card even had the following poem on it, extolling the benefits of the well:

### Harrogate – the Old Sulphur Well

Ye gracious gods defend us, And never again send us, Though dear friends tickets lend us, For the Old Sulphur Well

Youth and beauty here appear When the morning sun shines clear, Darby and his Joan dear Grace the Old Sulphur Well

Kind spirits – all preserve us From maidens who observe us While "hot and strong" they serve us From the Old Sulphur Well "Take the bitter with the sweet".
"Get it down". "Enjoy the treat"
Greet each other as we meet
At the Old Sulphur Well

Stroll around while music charms All our direst first alarms, Read the news of towns and farms Far from Old Sulphur Well

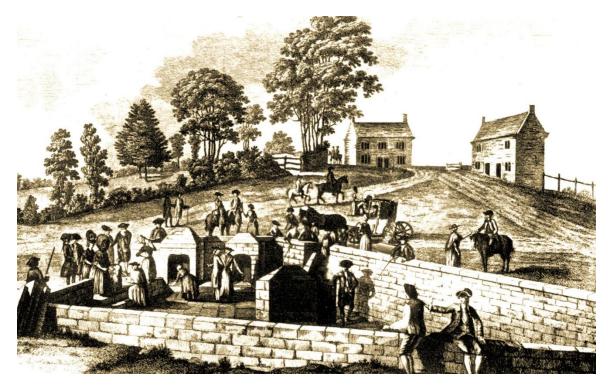
But, ye gods, the half hour's bye, Must we have another "try"? Ten ounces more!! – then – Goodbye To you Old Sulphur Well

Here following are a selection of the cards and images which show the lighter side of Harrogate's cure culture, which sadly is no more, though you can still experience the waters at the town's Pump Museum – if you dare!

See also: Ellis, Norman – Drinking the Harrogate Waters – *Picture Postcard Monthly* – December 2000, pp. 32-33

### Welcome to the town

Various cards giving a general welcome to the town. The first few are prints from the very early days when the spa was just establishing itself, and before the mass arrival of visitors due to the coming of the railways.



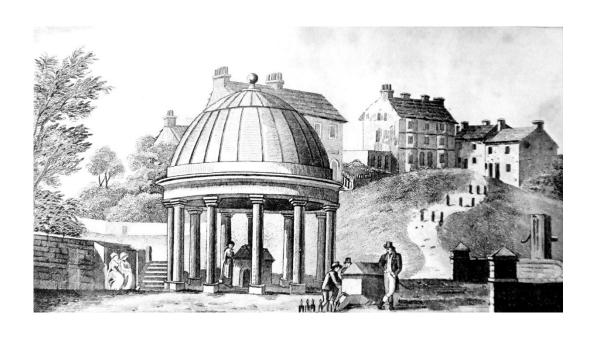


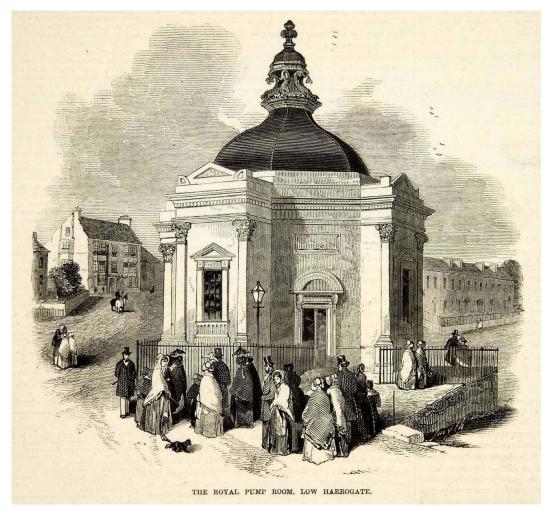




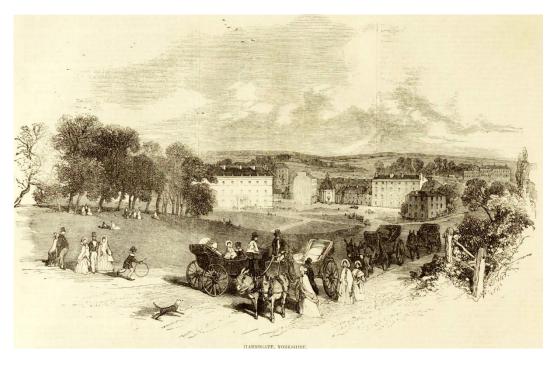


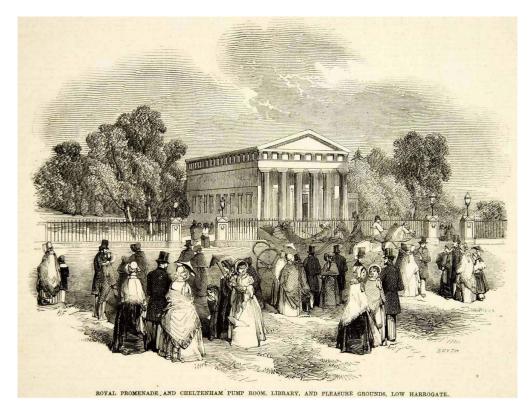




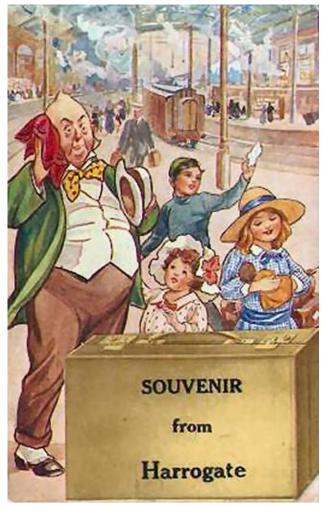


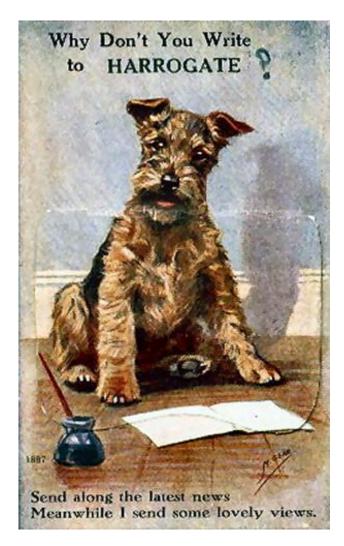




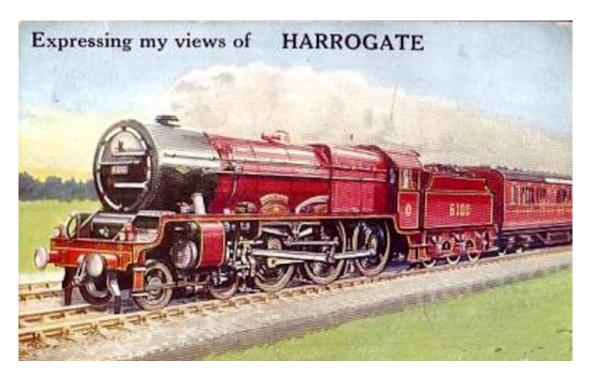












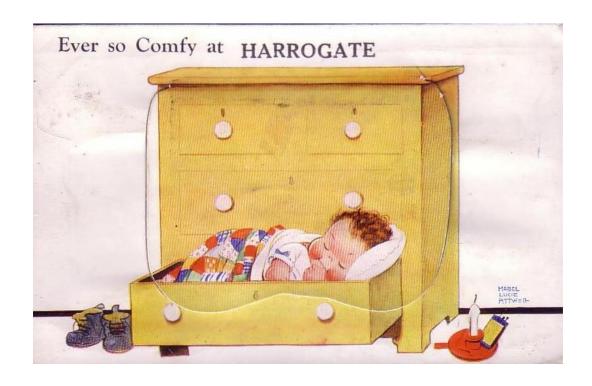








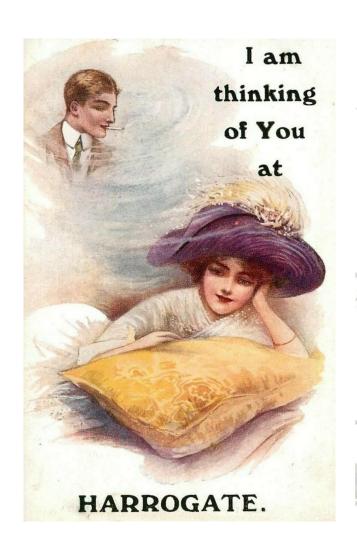






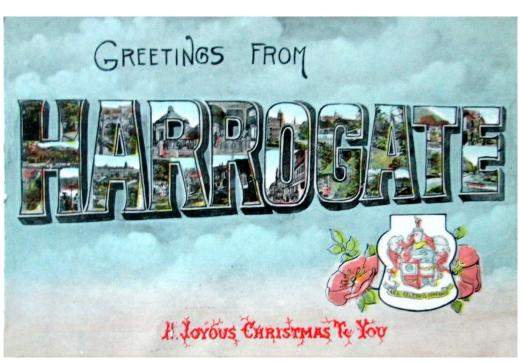


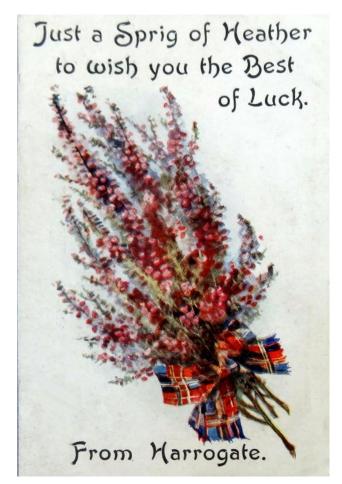


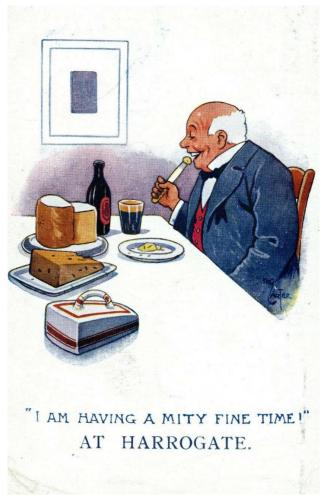


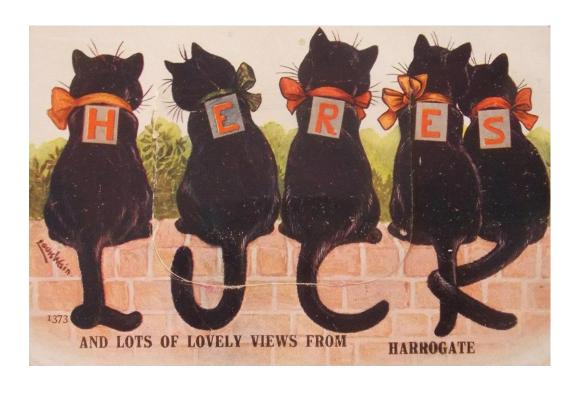


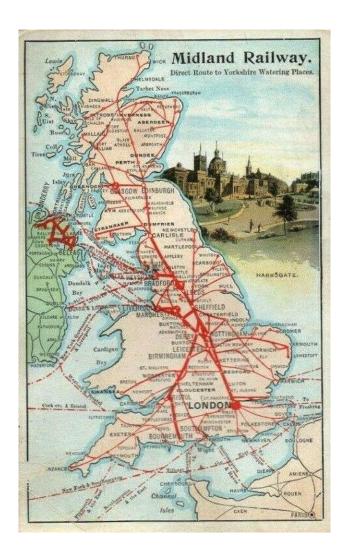
Yours,











#### HARROGATE.

THE OLD SULPHUR WELL.

Ye gracious gods defend us And never again send us, Though dear friends tickets lend us For the Gld Sulphur Well.

YOUTH and BEAUTY here appear When the morning sun shines clear, DARBY and his JOAN dear Grace the Gld Sulphur Well.

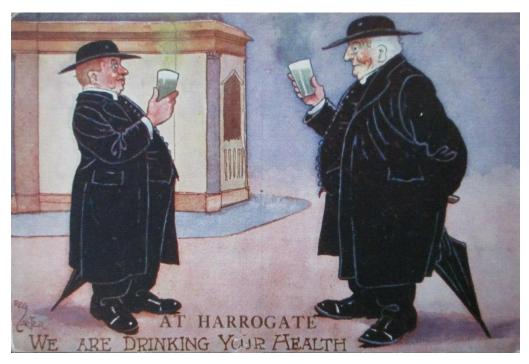
Kind spirits all—preserve us
From maidens who observe us
While "Hot and Strong" they serve us
From the Gld Sulphur Well.

"Take the bitter with the sweet"
"Get it down"—"Enjoy a treat"
Greet each other as we meet
At the GID Sulphur Well.

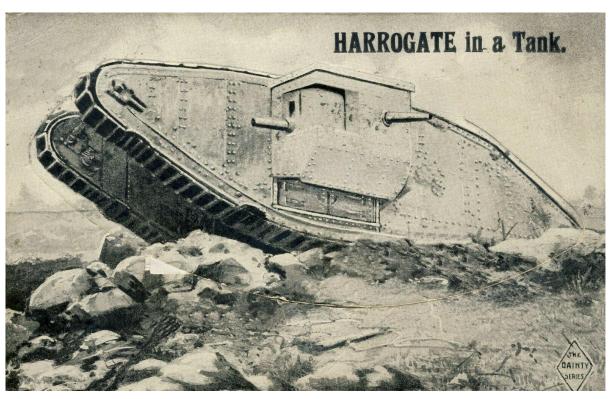
Stroll around while music charms
All our direst first alarms,
Read the news of towns and farms
Far from Gld Sulphur Well.

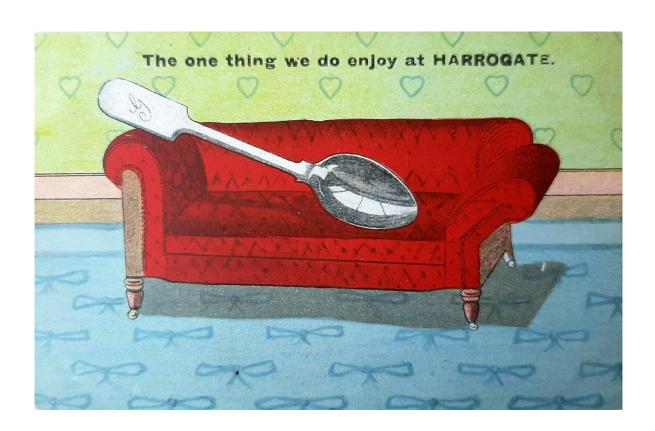
But, ye gods, the half hour's bye,
MUST we have another "try"?
Ten ounces more!!—then—Goodbye
To you, Gld Sulphur Well.

JOB.







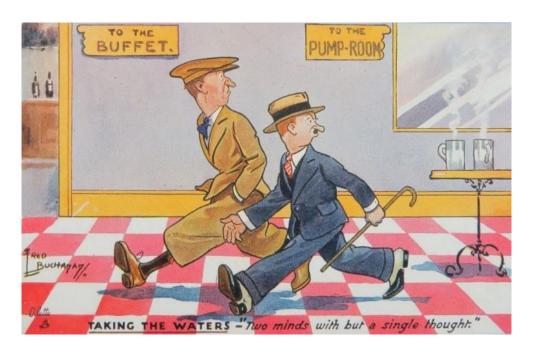


## Various images of a colourful nature

A selection of cards of a general nature extolling the virtues or otherwise of Harrogate







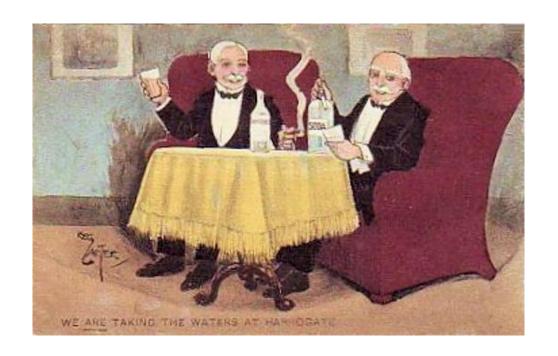


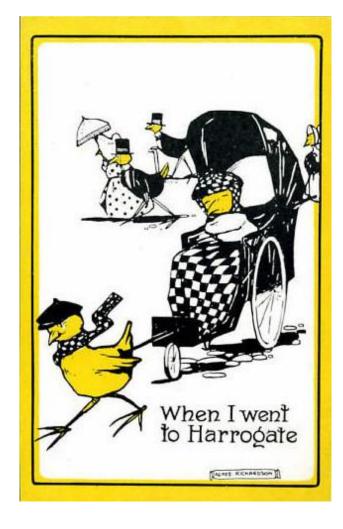
















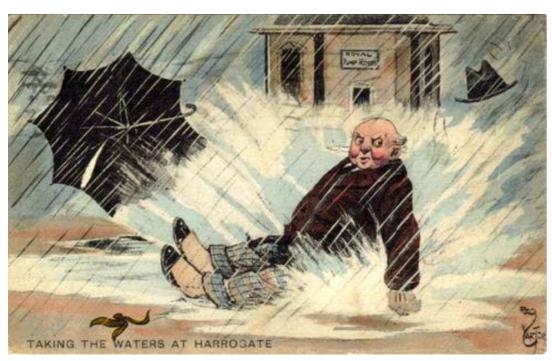




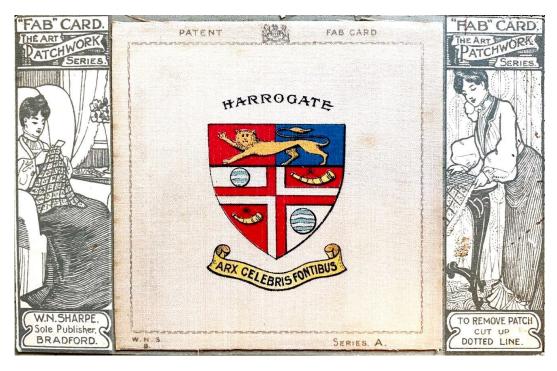


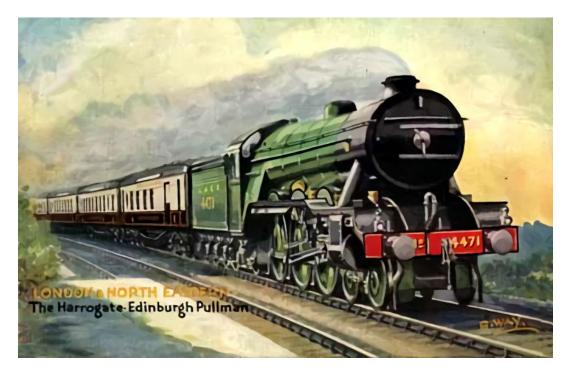














### Various images of a monochrome nature

A few hand-drawn cards

















THE ASCENDING DOUCHE. "Now Siz, please to take a seat here."

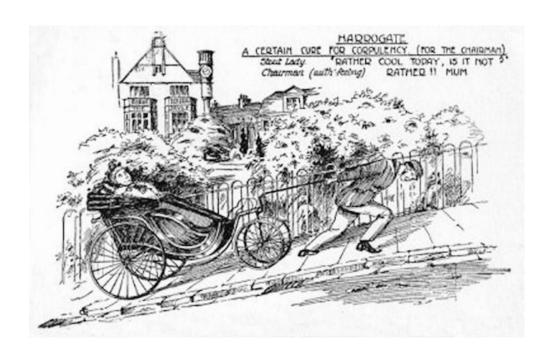


### SPAWING AT HARROCATE.

### SPAWING AT HARROCATE.



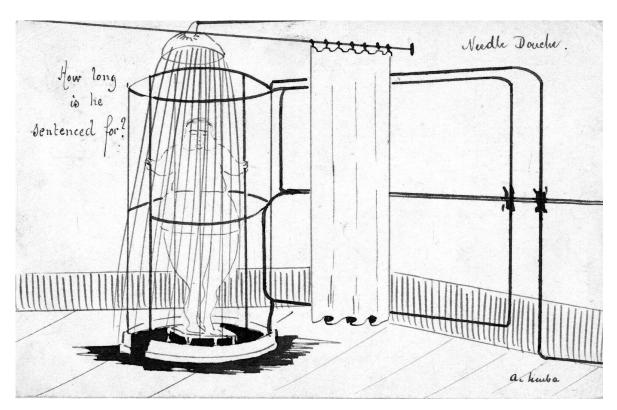
SPAWING AT HARROCATE.







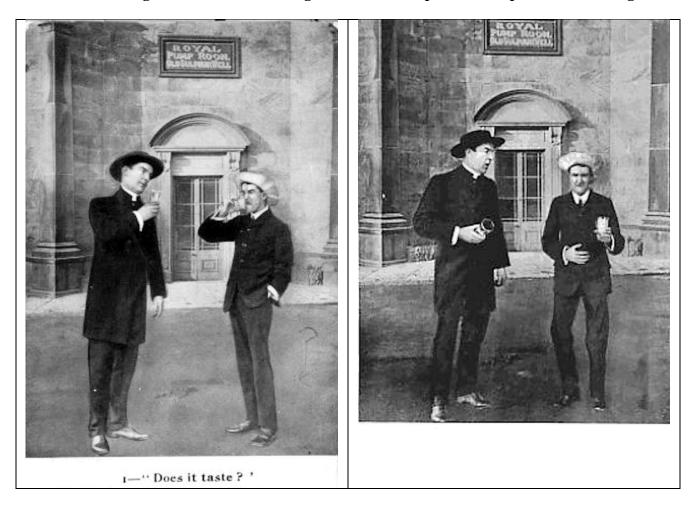
Here sits a wroman who was always fired;
she lives in a house where no work is required;
Her friends here on earth know well where she is going.
Where wishing usa't done not swreping not sewing.
But everything there will be exact to her wishes,
For where there's no eating, there's no washing of dishes;
She will go where load anthoras will be ringing;
But having no voice will be out of the singing;
So dea't think of her now, don't think of her ever.
She'll be happy doing pathing for ever and ever.

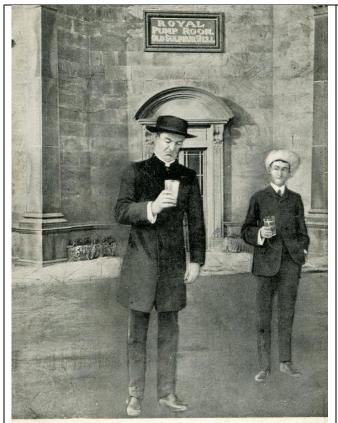




### Drinking the waters at Harrogate

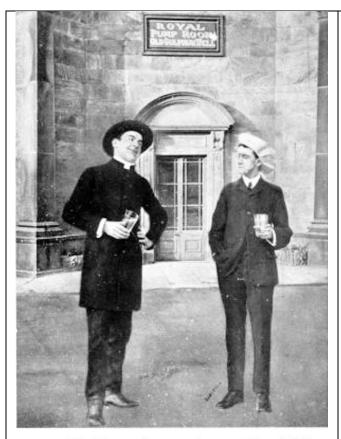
A series of six images of two men deciding whether to sample the Pump Room's offering

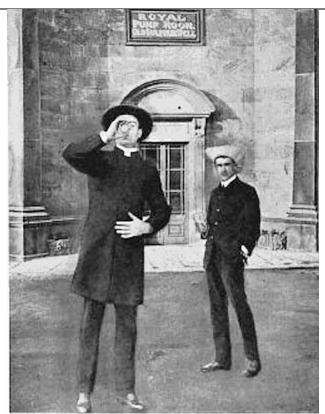










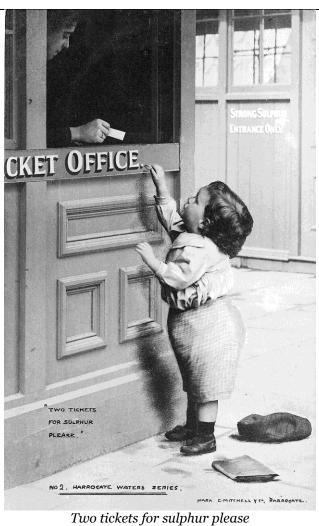


5-"Nothing when you're used to it!"

## Harrogate Waters series

A series of six images of a toddler finding out just what the water tastes like



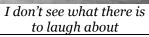






Well, good health!



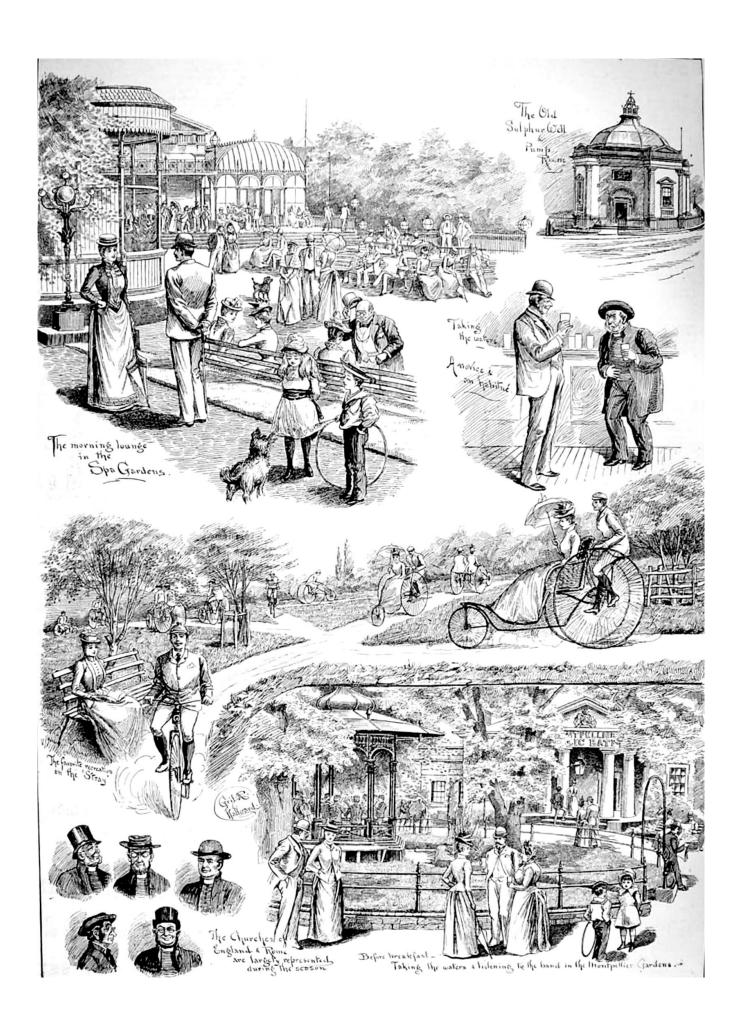




## Various photographic cards









## Lance Thackeray – split images

Thackeray (1869-1916) featured aspects of life at the Harrogate Spa. Each card has a small panel with an associated image, usually following on in some respect to the main picture.



Drink it Daddy, I like to see your face



Three of Scotch



The early bird



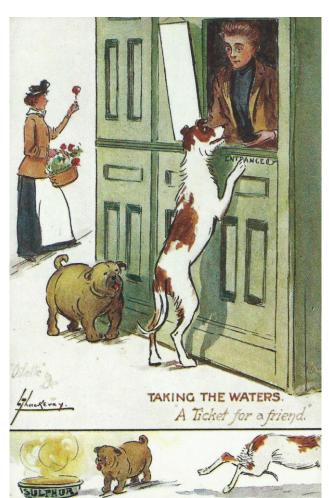
It's high time to start taking the waters

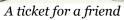


For better or for worse

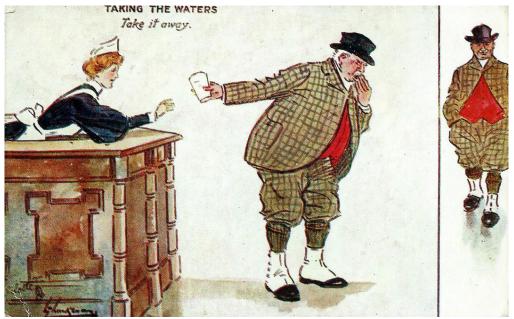


A first attempt









Take it away



Some of the visitors



The first glass





A case for the S.P.C.A.

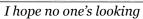


By the Doctor's orders



Comparing notes







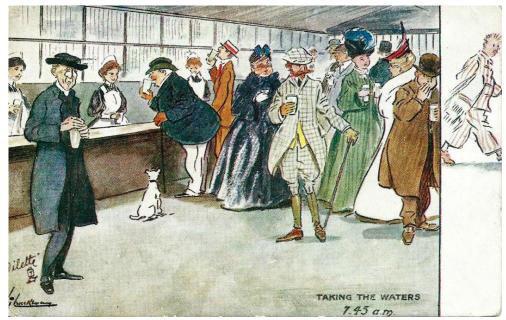
What devilish stuff is this?



Resigned



All sorts and conditions



7.45 a.m.



A good suggestion how to take the waters





Turtle Dovedale



A back view



Taking the waters



Far from the Sulphur Well



Looking after Ma



The Toning Bath

## Cats – by Violet Roberts & others

Violet Roberts was an Edwardian postcard artist who lived in Hull, and later Beverley. Her charming illustrations presented an array of quirky creatures that adopted personalities from all walks of life. Cats seemed to feature on her Harrogate illustrations, a subject which was also used by others, also shown here, including Clarice Firth, E.M. Gravely and A. Leuba. Another lover of feline images was Louis Wain (see the next section)





I came to Harrogate like this



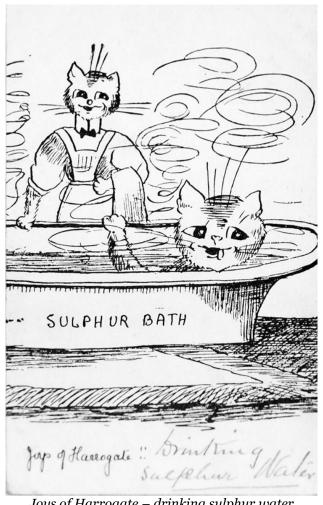
All there is for dinner

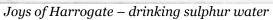


I do enjoy my Sulphur Baths



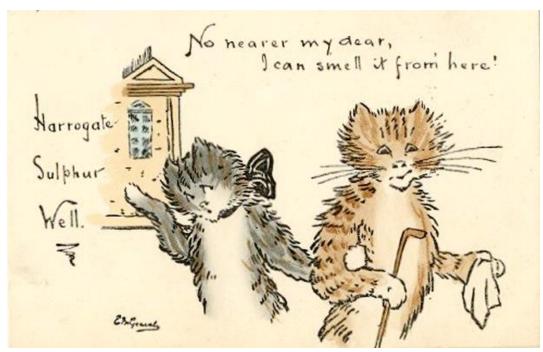
What have I done to deserve this?







Oh the taste!



No nearer my dear, I can smell it from here



I'm afraid it isn't nice



Br-r-r beastliness isn't the word for it!



It is dangerous to tease a Sulphur patient



There's nothing like Harrogate waters



We are busy... at Harrogate



Thanks for your sympathy



Marie Hist.

Back from the Sulphur Well

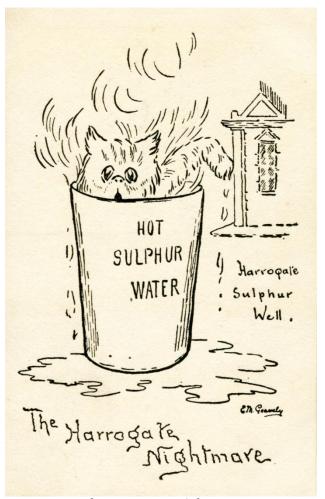
Back from the Sulphur Well



O wad some power ...



Sulphur water will never tempt me again... never!



The Harrogate Nightmare



Good gracious! I shall be late for my sulphur water



Better than sulphur water



Phew! I'm off



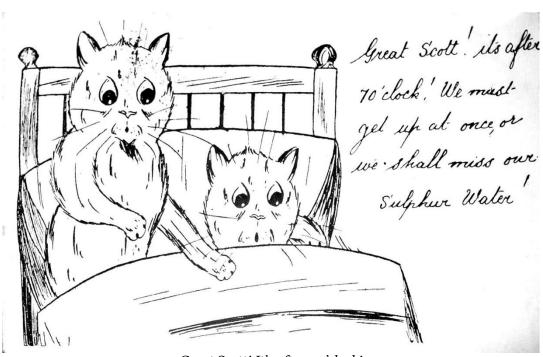




Bother! Sulphur again!



Better than sulphur water



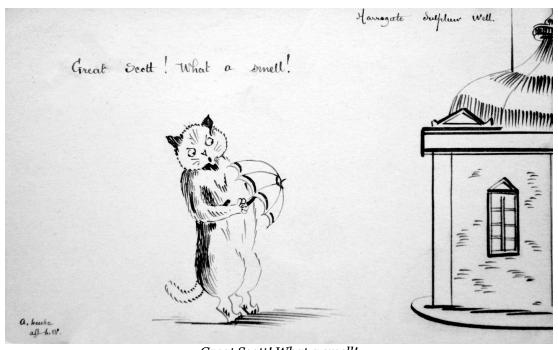
Great Scott! It's after 7 o'clock!





Anticipation & Realisation

 $He\ would\ taste\ Harrogate\ sulphur\ water$ 



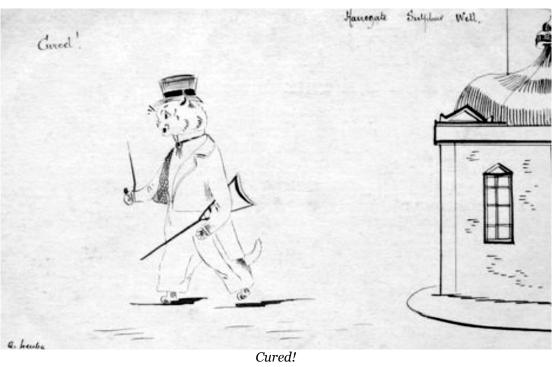
Great Scott! What a smell!

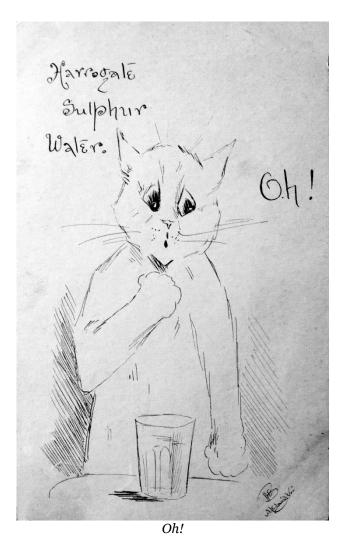


Goodbye Old Sulphur Well



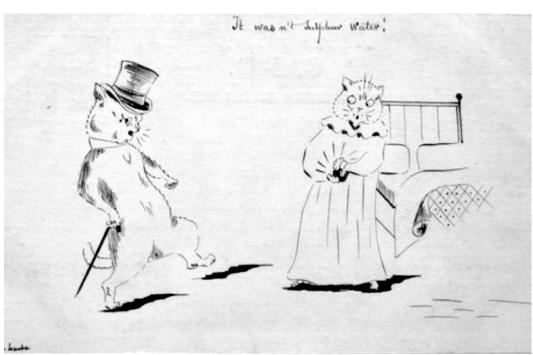
This will restore my youth and beauty



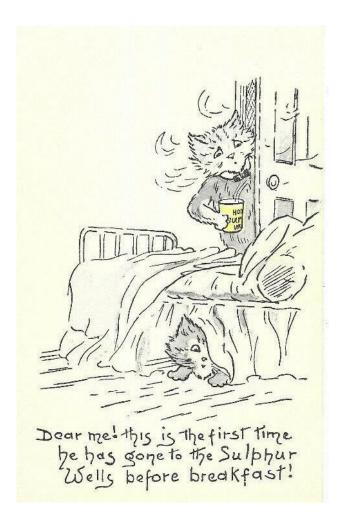




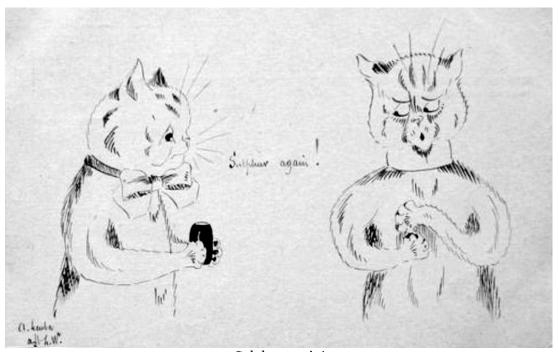
What, all that!



It wasn't Sulphur Water!







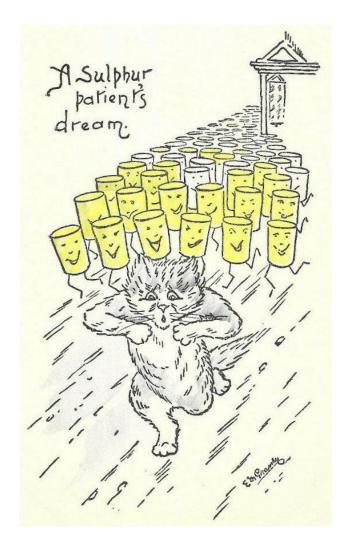
Sulphur again!



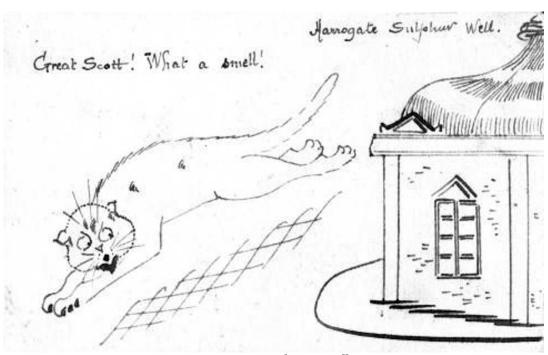




Dear me! Sulphur water again

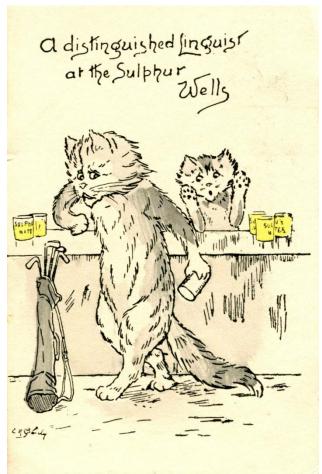






Great Scott! What a smell!





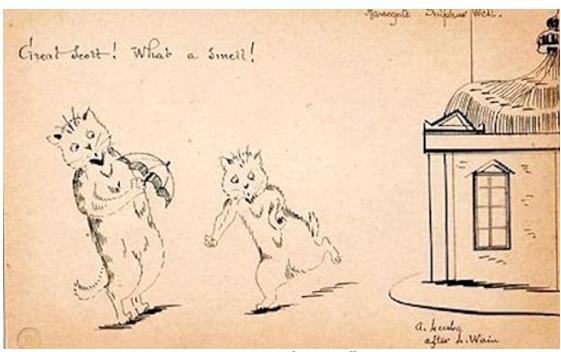


More of Harrogate sulphur water

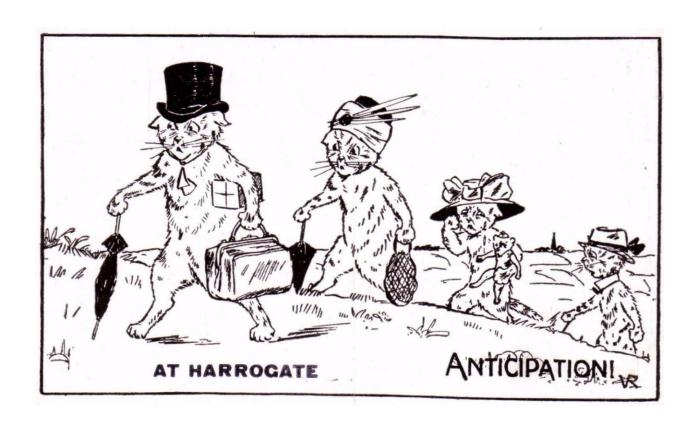


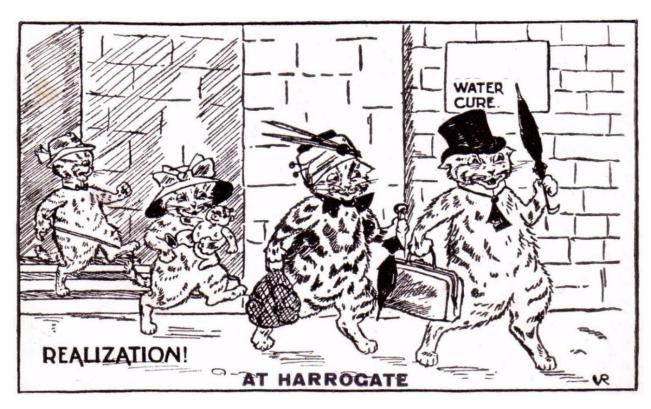
Wellifit Kastes as bad as it smells\_

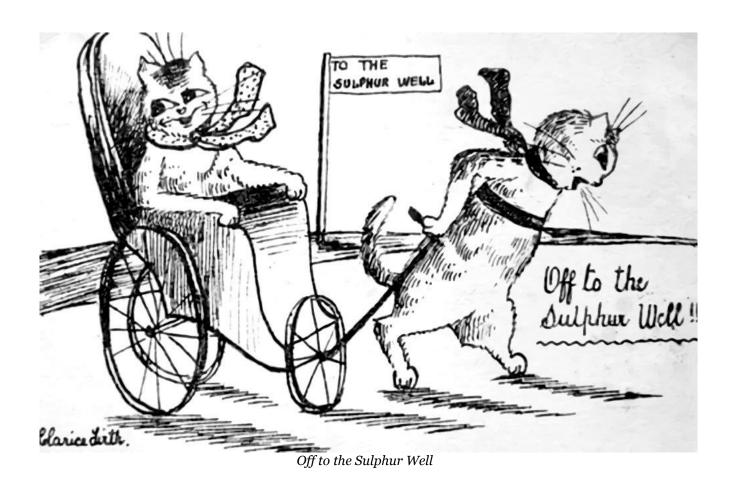


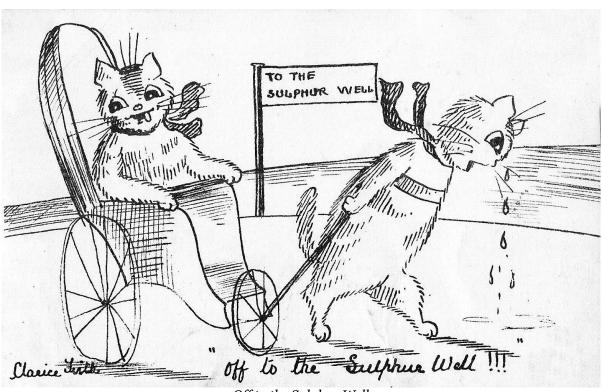


Great Scott! What a smell!



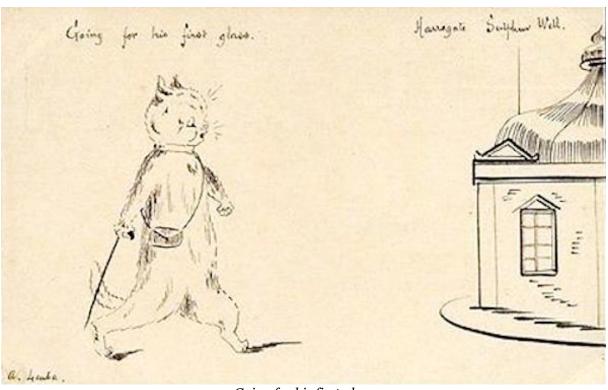






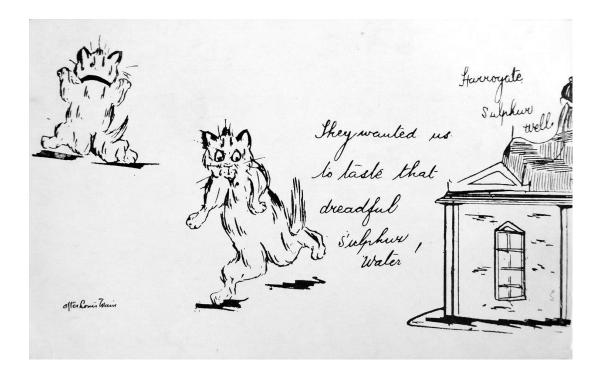
Off to the Sulphur Well

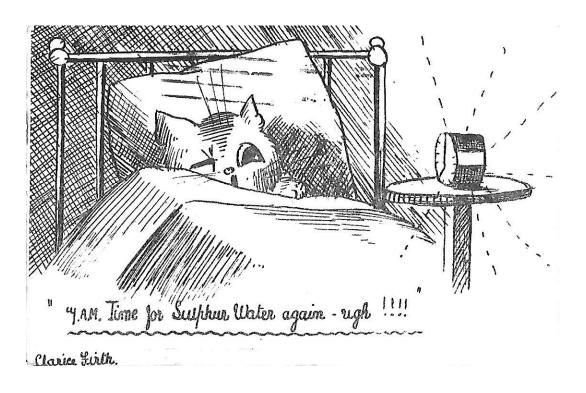


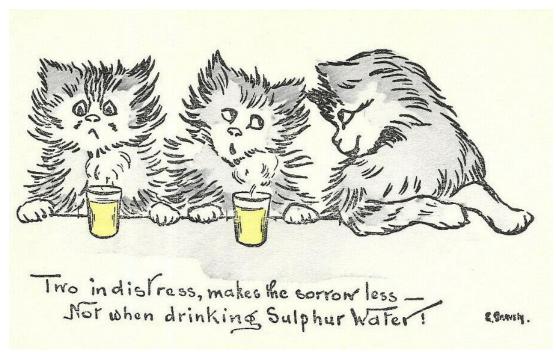


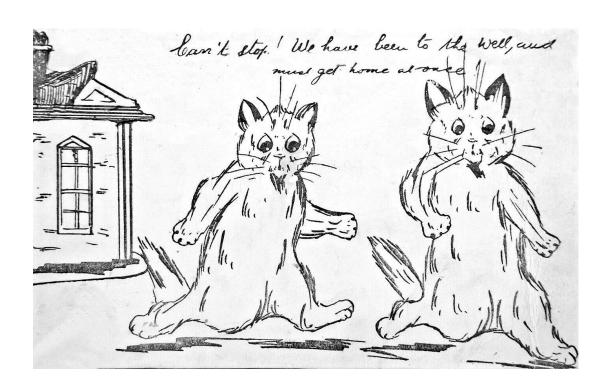
Going for his first glass

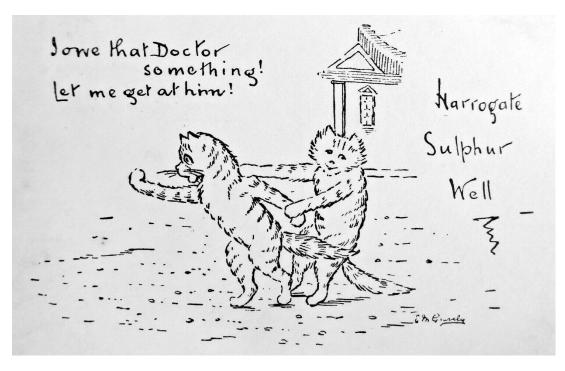














## Cats – by Louis Wain

Louis Wain was an artist best known for his drawings, which consistently featured anthropomorphised largeeyed cats and kittens. A number of his works were used to illustrate aspects of the "taking of the waters" at Harrogate and other spas.

There are two of his "Kissingen" pictures below, both of which were posted from Harrogate, one even with "Harrogate" written over the printed Kissingen.



Be brave dear, it's all for your own good



You'll like it better as you go on, dear!





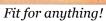


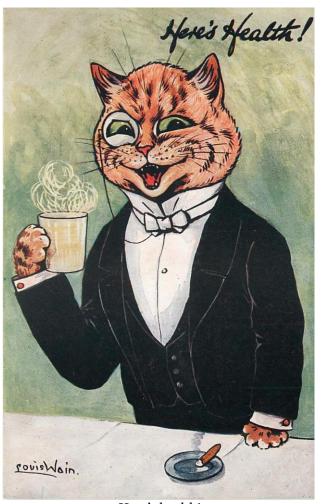
That awful clock again!



A Sermon on Sulphur



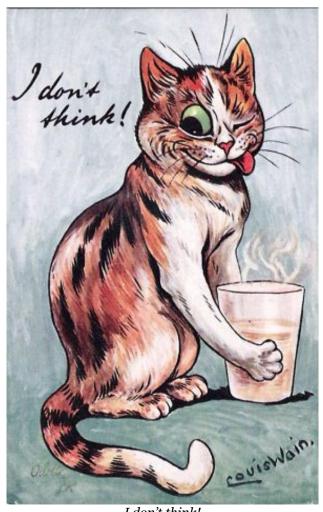




Here's health!



Between drinks



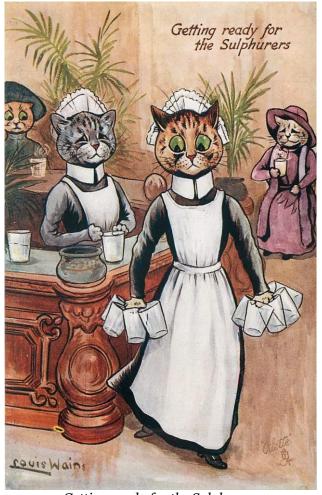




They'll take the smell away, Sir!



A line of Sulphurers



Getting ready for the Sulphurers



How long am I expected to stand this?



No more sulphur today!



I say! Stop it!!

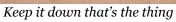


Perhaps if I hold my nose it will go down easier!



I say, I didn't ask for an Irish Stew!



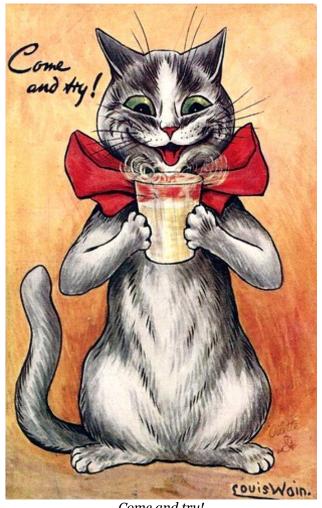




I'm afraid it won't keep down!



I think I've had enough!



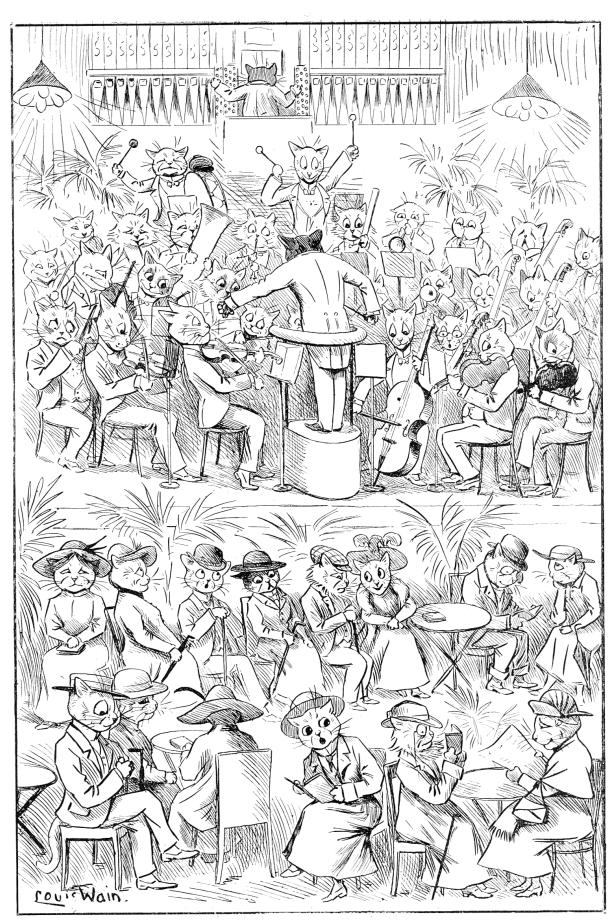
Come and try!



Oh that this too, too solid flesh would melt

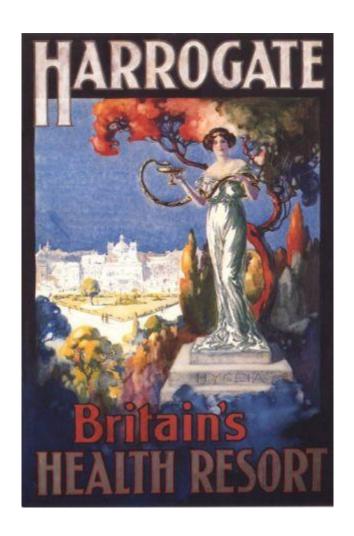


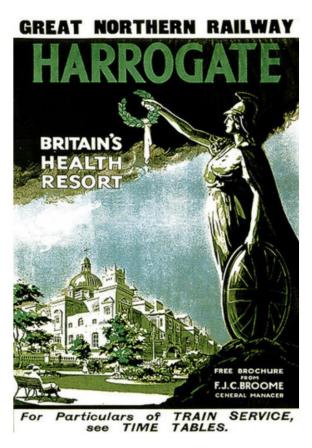




THE HARROGATE CURE.
The musical stage of the cure.

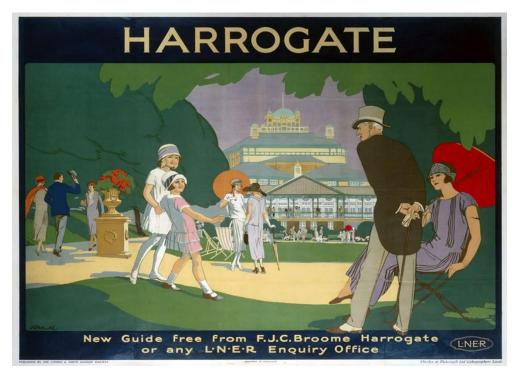
## Railway and other posters

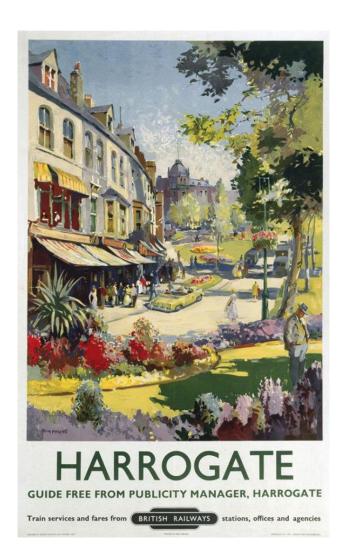


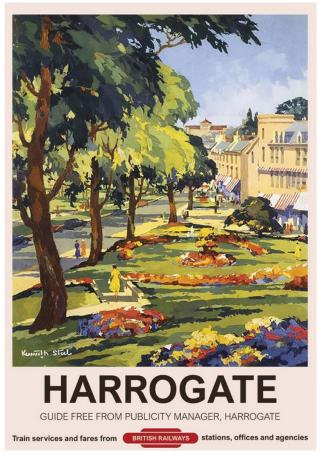




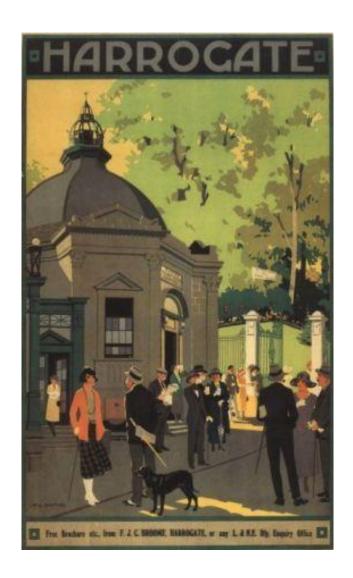


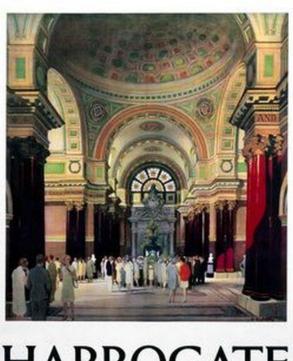










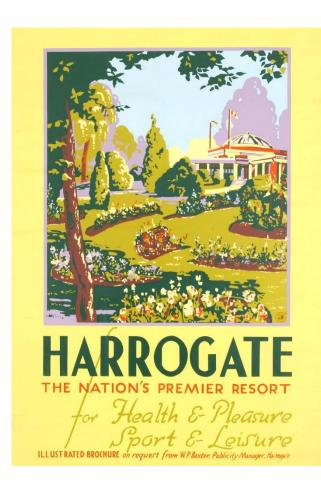


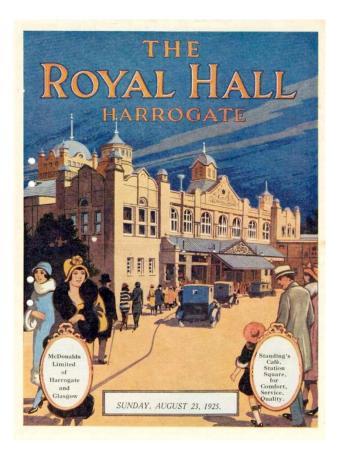
## HARROGATE The British Spa

Tourist. Period. Excursion and Week-end Tickets by

LMS









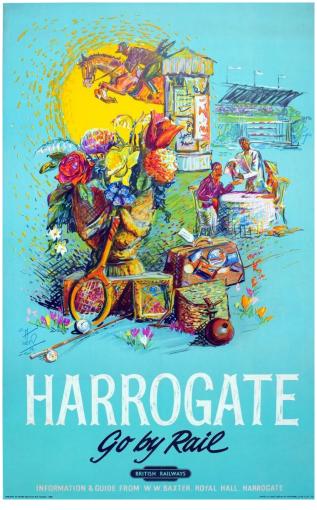


HARROGATE

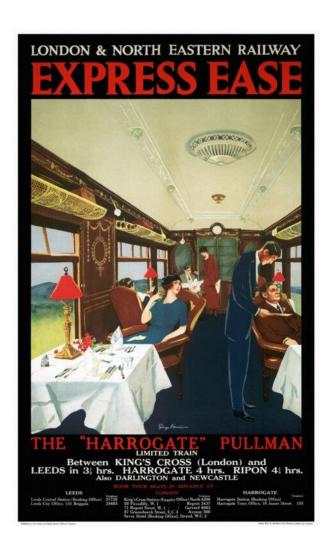
IT'S QUICKER BY RAIL

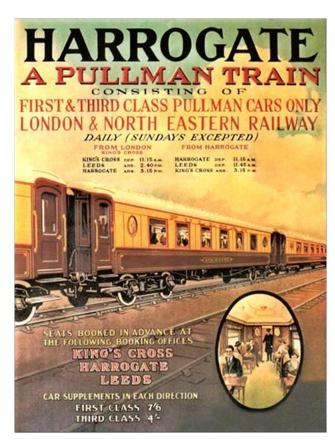


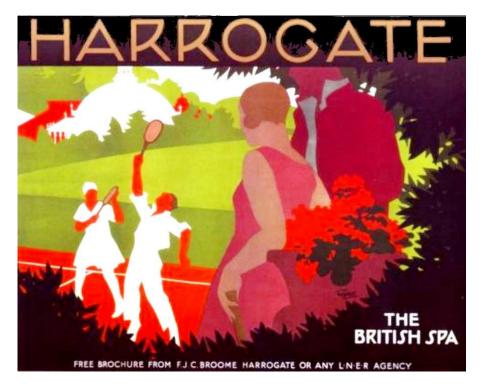


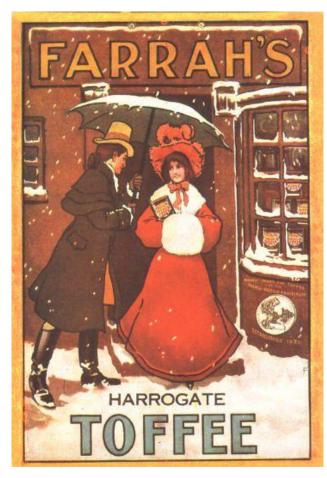


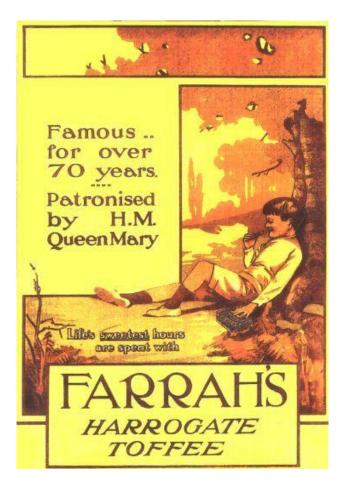


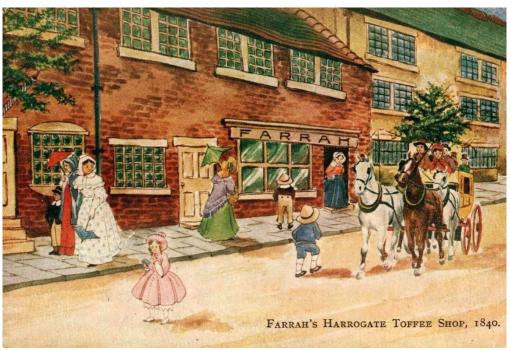


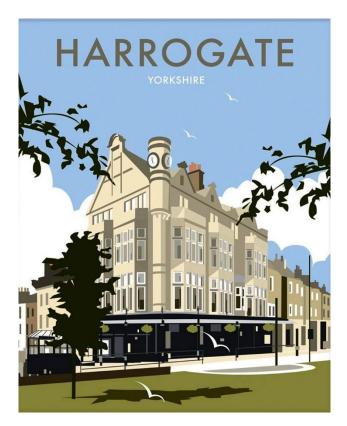


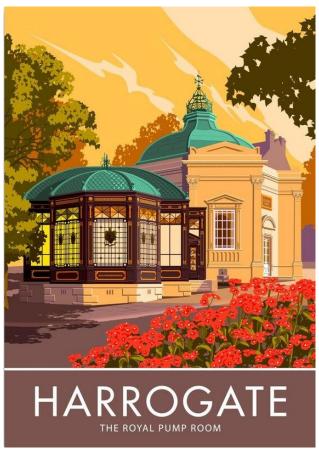


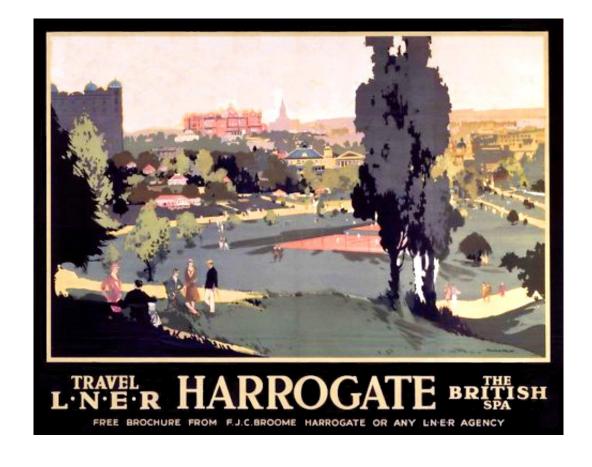


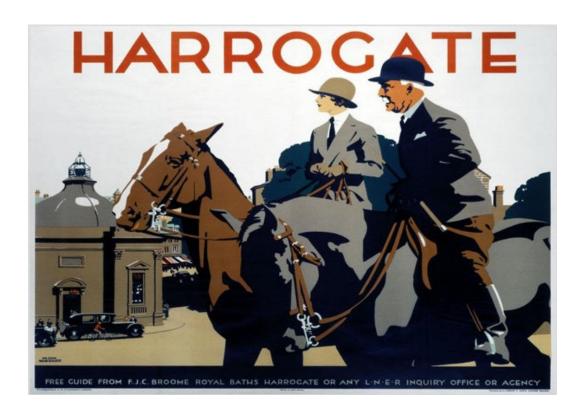


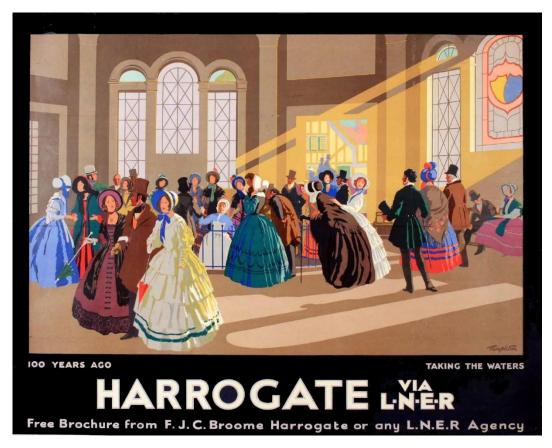


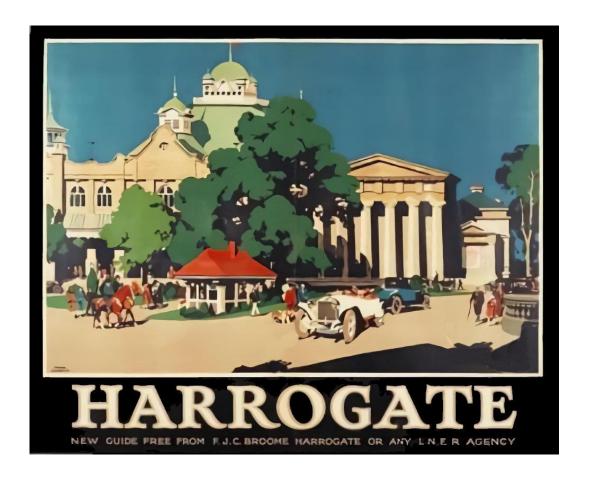














## HARROGATE IT'S QUICKER BY RAIL









